



Attachment B to the Sailing Instructions

St. Maarten Heineken Regatta Safety and Equipment Regulations

Preamble

These regulations represent minimum standards of preparedness for racing in the St Maarten Heineken Regatta. It is not an exhaustive list nor is it a substitute for good seamanship and preparation. Each competitor shall be solely responsible for the safe preparation of their boat. 'OSR' refers to the Offshore Special Regulations published by ISAF.

1. Scope

- 1.1. These regulations apply at all times while racing.
- 1.2. These regulations shall not be grounds for a protest except by the Race Committee or the Protest Committee.

2. Lifelines

- 2.1. Monohull boats shall be fitted with lifelines that comply with OSR 3.14 for Category 4.
- 2.2. Multihull boats shall be prepared as near to the requirements of OSR 3.14 as practical with due consideration for preventing man overboard.
- 2.3. Boats applying for and receiving in writing an exemption from these requirements from the Race Committee need not meet the requirements of 2.1 or 2.2.

3. Required preparations

- 3.1. No anchor shall be stowed in such a position that the anchor overhangs any part of the boat.
- 3.2. All hatches, companionways, and ports shall be capable of being made watertight.
- 3.3. Cockpits shall be self-bailing and fitted with adequate drains.
- 3.4. Sufficient drinking water shall be provided such that there remains at least 0.5 litres of water per person onboard at the end of each race.

4. Required items

- 4.1. The following items shall be onboard, accessible, and suitable for use at all times while racing:
 - a) Anchor and rode
 - b) Manual bilge pump
 - c) A horn, whistle or other device for signalling by sound
 - d) Plugs of soft wood or other suitable material, tapered and of a suitable size for every through-hull opening
 - e) For boats carrying flammable fuels, a fire extinguisher readily accessible from the cockpit
 - f) A bucket of not less than 8 litres capacity with lanyard attached
 - g) A First Aid kit
 - h) Charts covering the racing area and any areas adjacent where shelter might be sought
 - i) For each crew member, one lifejacket fitted with a whistle and readily accessible
 - j) A lifebuoy, or a lifesling stowed above deck and immediately accessible from the cockpit
 - k) A heaving line of at least 15m readily accessible from the cockpit
 - l) Three red hand flares and two orange smoke flares
 - m) A VHF transceiver of at least 5W output
 - n) A marine magnetic compass independent of any power supply, capable of being used as a steering compass, which may be hand-held
- 4.2. Where applicable all required items shall be:
 - a) of a suitable specification for the boat and expected conditions
 - b) in-date and fully serviceable